HUMAN SERVICE ASSOCIATE (HSRV)

102 Introduction to Mental Health Perspectives **3 credit hours**
Offered fall semester.

This course will Introduce the student to difficulties faced by those diagnosed with mental illness. Students will gain an overview of the population's unique service needs within a holistic and person-centered approach. Course work will include client advocacy, stigma within the field, connecting of resources, and the importance of self-care for the helper and those they support.

Prerequisites: Sociology 104.

103 Group Process **3 credit hours**
Offered fall semester. Two hours lecture and two hours laboratory a week. Fee: $65.00. Learning Harbor Fee: $25.00. Criminal Background Check Fee: $39.00.

Students practice skills needed to lead task, education, growth, support, and therapeutic groups and also complete a team-based advocacy project with clients at a local agency. An experiential lab focuses on personal goal setting, group dynamics, stages of group development, and basic group work skills. Self-awareness regarding interpersonal style and communication patterns is developed and mind/body skills applied to personal renewal and professional practice.

In order to successfully pass this course, student must achieve a grade of "C" or better.

Prerequisite: Sociology 104 and approval of Human Service Admissions Committee.

111 Introduction to Case Management **3 credit hours**
Offered spring semester. EHR Go Fee: $70.

Students will be provided with foundational training in case management encompassing historical insights, service delivery methodologies, and engagement with diverse populations. Furthermore, the curriculum will encompass theoretical and practical aspects of case management, assessment techniques and intake interviewing procedures. A comprehensive examination of the ethical and legal aspects concerning client confidentiality will be undertaken, with a focus on the practical application through case study analyses. Additionally, the course will explore documentation practices within the helping profession, equipping students with the necessary skills to proficiently gather data, formulate treatment plans, and write professional progress notes.

Pre-requisite Sociology 104.

123 Introduction to Counseling and Interviewing **3 credit hours**
Offered fall semester. Two hours lecture and three hours laboratory/simulation a week. Fee: $55.00. Theravue Software Fee: $59.00. MBTI Profile Fee: $49.00.

Students are introduced to basic counseling, case management, ethical decision-making, and cultural competency skills. Role plays and case study lab application are used to practice the active listening skills, genuineness, empathy, and unconditional positive regard required for building a therapeutic relationship. Simulation sessions will focus on skills needed for telehealth and students will practice online role play using the Theravue Simulation Program. Self-reflection on professional practice is used to enhance personal development.

In order to successfully pass this course, student must achieve a grade of "C" or better.

Prerequisite: Sociology 104 and approval of Human Service Admissions Committee.

170 Helping Techniques I **3 credit hours**
Offered spring semester. Two hours lecture and three hours laboratory/simulation a week. Fee: $65.00. Theravue Software Fee: $59.00.

Students are introduced to therapeutic approaches used in the helping field. The approaches include Adlerian Therapy, Person Centered Therapy, Gestalt Therapy, Reality Therapy, Behavior Therapy, and Cognitive-Behavior. Laboratory sessions focus on developing skills in Solution Focused therapy, case management practice, and ethical decision-making. Simulation sessions will focus on skills needed for telehealth and students will practice online role play using the Theravue Simulation Program.

In order to successfully pass this course, student must achieve a grade of "C" or better.

Prerequisite: Human Service 103 and 123.

190 Human Service Practicum I **4 credit hours**
Offered spring semester. Three hours lecture and two hours of clinical simulation lab. Fee: $55.00.

The focus of this Clinical Simulation course is on preparing students for fieldwork and the workforce. Students will participate in 3 hours of lecture and 2 hours of clinical simulation. Course work will include case management, stages of change, self-care, professionalism, work ethic, utilizing field work supervision, and client advocacy. Clinical simulation will involve appropriate documentation, case study analysis, mock interviews, supervisor/intern role plays, and team building exercises.

In order to successfully pass this course, student must achieve a grade of "C" or better.

Prerequisite: Human Service 103 and 123.

201 Helping Techniques II **3 credit hours**
Offered fall semester. Two hours lecture and three hours laboratory/simulation a week. Fee: $65.00. Theravue Software Fee: $59.00. EHR Go Fee: $70.00.

The focus for this advanced course in Helping Techniques will include skills for working with individual with substance use disorders and children/adolescents with mental health and behavior disorders. Students will also learn about and demonstrate skills for Cognitive Behavior Therapy.

In order to successfully pass this course, student must achieve a grade of "C" or better.

Prerequisite: Human Service 170 and 190.

207 Human Service Practicum II **5 credit hours**
Offered fall semester. Two hours lecture and minimum twelve hours field work a week. Fee: $55.00. Trajecsys Access Fee: $58.00.

Students practice skills in basic crisis intervention with specific emphasis on the application of mind/body skills and brain science to crisis situations. Basic concepts in trauma informed care are introduced. Knowledge of specific service populations (battered women, suicide victims, bereaved individuals, victims of sexual assault and others) is acquired. Case management skills in assessment, documentation, and service planning are applied to a case study and to client record keeping and political action strategies for social change are examined. In preparation for graduation, future career directions that build on the human service degree are explored. Students complete a semester of fieldwork at one placement site supervised by the cooperating agency, institution, or school.

In order to successfully pass this course, student must achieve a grade of "C" or better.

Prerequisite: Human Service 170 and 190.

210 Human Service Practicum III **5 credit hours**
Offered spring semester. Two hours lecture, two hours small group laboratory and ten hours practicum a week. Fee: $55.00. Trajecsys Access Fee: $58.00

Working in groups, students complete a capstone project on a social and political action issue which demonstrates competencies acquired in group work, nonviolent communication, leadership, civic engagement, workforce wellness, advocacy, and oral/written communication. Students learn and

practice skills in program planning and community organization as well as complete a career-planning unit in preparation for employment. Students complete a semester of fieldwork at one placement site supervised by the cooperating agency, institution, or school.

In order to successfully pass this course, student must achieve a grade of "C" or better.

Prerequisite: Human Service 201 and 207.

230 Human Service Clinical Skills Capstone 3 credit hours
Offered spring semester. EHR Go Fee: $70.00. Theravue SW Fee: $59.00.

The focus of this course will be on professional documentation using an electronic health record for gathering client data and utilizing all skills in the development of a therapeutic relationship with clients. Students will practice working with a “client” throughout the semester and using the evidence- based practices of Solution Focused and Cognitive Behavior Therapies. A professionally written capstone paper that provides a narrative on their “client” and identifies all the skills learned throughout the 4 semesters of the program will be completed.

In order to successfully pass this course, student must achieve a grade of "C" or better.

Prerequisite: Human Service 201 and 207.

297 Addictions Internship for Licensure 1-6 credit hours
This course provides an agency internship in addictions counseling and service delivery for individuals who are preparing for the Maryland State Addictions Board Licensing examination. Students will be assigned to one addictions program/agency for the entire semester. Participation in fieldwork will be supervised by the instructor of the course and the cooperating agency, institution, or school. May be repeated for up to six credits.

In order to successfully pass this course, student must achieve a grade of "C" or better.

Prerequisite: Enrollment in or completion of an approved Maryland Addictions Licensing Board Associates or Bachelor’s Degree program and written approval of an addictions services employer who is willing to provide a field placement and supervision for the student. Instructor consent required.

298 Special Topics in Human Service 1-4 credit hours
Offered fall and spring semesters.

This course is designed to address a range of topics and emerging areas of evidence-based best practices in the field of human service. The format and credits offered vary depending on the course content.

In order to successfully pass this course, student must achieve a grade of "C" or better.

Prerequisite: Instructor consent required.

299 Independent Study 1-4 credit hours
Offered fall and spring semesters.

This course is designed to allow students in the Clinical Phase of the Human Service Program the opportunity to pursue advanced study or research on topics of individual interest related to the helping professions. Approval by the Human Service Program Coordinator to pursue Independent Study Program is required. This course may be repeated for credit (up to a maximum of 8 credits), based upon approval of the Human Service Coordinator.

In order to successfully pass this course, student must achieve a grade of "C" or better.