

MESSAGE THERAPY (MASG)

101 Introduction to Massage Therapy 1 credit hour
Fee: \$25.00.

This course will provide an overview of the history of touch and massage. The benefits and effects of touch will be explored through experiential learning and literary searches. The various modalities, cultural diversities and professional ethics of massage will be addressed.

103 Massage Anatomy, Physiology and Movement 3 credit hours
Offered fall semester. Two hours lecture and three hours laboratory a week. Fee: \$75.00. Exam Coach Fee: \$65.00.

This course will build on the basic anatomy and physiology concepts. It is an in-depth study of the musculoskeletal system specific to massage, and functional movement as it applies to massage.

Prerequisite: Massage Therapy 101.

104 Anatomy and Physiology Interrelationships 2 credit hours
Offered spring semester. Two hours lecture a week. Fee: \$75.00.

This course will explore the structure and function the various systems of the body. Classes will address the interrelationship of the mind body connection. Energy anatomy will also be examined.

Prerequisite: Successful completion of first semester Massage Therapy courses.

108 Clinical Practice I 1 credit hour
Offered spring semester. Three hours of clinical a week. Pass-fail grading. MBLEX Exam Fee: \$265.00. Nurse Managed Wellness Clinic Fee: \$60.00.

This course will provide clinical experience for students in massage therapy and advanced massage techniques. Students will spend three hours each week in the clinical setting performing massage therapy on clients under professional supervision of a massage therapist.

Prerequisite: Successful completion of first semester Massage Therapy courses.

110 Holistic Approach to Wellness 1 credit hour
Offered spring semester. Meets 15 hours a semester. Meeting times vary. Please check semester schedule. Fee: \$50.00.

This course will address self-care as it relates to massage therapy. Students will explore wellness by examining levels of health including, but not limited to, such issues as self responsibility, eating, exercise, play, movement, work, stress, and transcendence from the holistic perspective.

113 Principles of Massage Therapy I 4 credit hours
Offered fall semester. Two hours lecture and seven hours laboratory a week. Fee: \$150.00. Criminal Background Check Fee: \$62.00.

This course will provide experiential learning for students in Swedish massage. Students will spend nine hours each week learning theory and principles of Swedish massage as well as practical application of the techniques along with cautions and contraindications.

Prerequisite: Massage Therapy 101.

118 Clinical Practice II 1 credit hour
Offered summer session. Four hours two days a week for six weeks. Pass-fail grading. Fee: \$150.00. Nurse Managed Wellness Clinic Fee: \$60.00.

The student will use and perfect skills developed during the first year of the program.

Prerequisite: Successful completion of second semester Massage Therapy courses.

120 Principles of Massage Therapy II 4 credit hours
Offered spring semester. Two hours lecture and seven hours laboratory a week. Fee: \$150.00.

This course will provide experiential learning for students in Deep Tissue massage. Students will spend seven hours each week learning theory and principles of Deep Tissue massage as well as practical application of the techniques along with cautions and contraindications.

Prerequisite: Successful completion of first semester Massage Therapy courses.

201 Legal and Ethical Topics in Massage Therapy 2 credit hours
Offered fall semester. Two hours lecture a week. Fee: \$50.00.

This is an introduction to the legal and ethical issues of the professional practice of massage therapy including the role of the practitioner, relationships with other health care providers, privacy and confidentiality. Other topics to be included are liability, malpractice, and negligence. This course is designed to provide information about legal and ethical research topics and new developments in Massage Therapy.

Prerequisite: Successful completion of second semester Massage Therapy courses.

205 Pathology for Massage Therapy 3 credit hours
Offered fall semester. Two hours lecture a week. Fee: \$50.00.

This course will cover etiology, signs, symptoms, and treatments of diseases, disorders, and injuries commonly requiring special considerations in a massage practice.

Prerequisite: Successful completion of second semester Massage Therapy courses.

206 Integrating Massage Therapy and Business Topics 2 credit hours
Offered spring semester. Two hours lecture a week. Fee: \$50.00.

This course is designed to provide an overview of operating a massage therapy business. Business structure, functions, and past business problems will be explored. Practical application for massage therapists is the focus. This course will also provide research on business topics within the field of Massage Therapy.

Prerequisite: Successful completion of third semester Massage Therapy courses.

207 Principles of Massage Therapy III 4 credit hours
Offered fall semester. Five hours lecture, discussion, and application a week. Fee: \$125.00.

This course will provide experiential learning for students in advanced massage therapy modalities such as lymphatic drainage technique.

Prerequisite: Students are required to have successfully completed the second semester of the massage therapy courses.

209 Clinical Practice III 1 credit hour
Offered fall semester. Three hours clinical a week. Pass-fail grading. Fee: \$150.00. Nurse Managed Wellness Clinic Fee: \$60.00.

This course will provide clinical experience for students in massage therapy and advanced massage techniques. Students will spend three hours each week in the clinical setting performing massage therapy with the client.

Prerequisite: Successful completion of third semester Massage Therapy courses.

210 Clinical Practice IV 2 credit hours
Offered spring semester. Six hours of clinical a week. Pass-fail grading. Fee: \$150.00. Nurse Managed Wellness Clinic Fee: \$60.00. FSMTB Mock Exam Fee: \$25.00.

This course will provide clinical experience for students in massage therapy, advanced deep tissue work, and medical massage. Students will spend six hours each week in the clinical setting performing massage therapy with a variety of techniques and manipulations on clients under professional supervision of a massage therapist.

Prerequisite: Successful completion of third semester Massage Therapy courses.

218 Current Trends in Massage Therapy **3 credit hours**

Offered spring semester. Three hours lecture per week. Fee: \$100.00.

This course will examine current trends in massage therapy, and will include the exploration of published research into massage therapy, along with the introduction of hot stone massage, neuromuscular therapy, movement modalities, and self-care for massage therapists.

Prerequisite: Successful completion of third semester Massage Therapy courses.

221 Internship I **1 credit hour**

Offered spring semester. One hour lecture a week. Forty-five hours practicum a semester.

This course is designed to offer students on-the-job experience in an accredited medical setting. Placement and supervision is coordinated by the College. The didactic portion will include topics of aging, and death and dying.

Prerequisite: Successful completion of third semester Massage Therapy Courses.

222 Medical Massage **2 credit hours**

Offered spring semester. Two hours of lecture a week. Fee: \$50.00.

This course will examine the effects of illness, pain, and injury to the body. Evidence based practice is integrated into the class room, along with essential clinical reasoning skills and critical thinking.

Prerequisite: Successful completion of third semester Massage Therapy courses.