

## **NURSING ASSISTANT/GERIATRIC AIDE (NAGA)**

### **101 Introduction to Health and Wellness 3 credit hours**

Three hours of lecture and discussion a week. Fee: \$20.00. Learning Harbor Fee: \$25.00.

This course includes curriculum goals and objectives, basic concepts needed in health care, and wellness issues for patients and the health care workers. An overview on medical ethics, professional conduct, infection control, communicating with the patients, body mechanics, working as a team, and other health profession concerns will be discussed. The dimensions of wellness, proper eating habits, principles of fitness, stress and time management, and teaching patient awareness of healthy life style options to enhance recovery and their everyday life will also be discussed.

*In order to successfully pass this course, students must achieve a grade of "C" or better, along with meeting the academic standards of the college.*

### **102 Nursing Assistant/Geriatric Aide 7 credit hours**

Six hours lecture, one-hour laboratory, and three hours clinic/practicum a week. Fee: \$100.00. Test Fee: \$130.00. CNA Registration Fee: \$20.00. Criminal Background Check Fee: \$62.00. Nurse Managed Wellness Clinic Fee: \$40.00.

This course is designed to provide students with the classroom theory and clinical skills essential in assisting nurses in delivering proper basic bedside care of patients across their life span. This program offers a broad foundation of knowledge and skills for the Certified Nursing Assistant and the Geriatric Nursing Assistant. Successful completion of the course qualifies the student to apply for state certification and sit for the National Nurse Aide Assessment Program exam. Students will be able to seek employment in a variety of health care settings. Course work emphasizes growth and development throughout the life span, basic personal care, vital signs, communication and interpersonal skills, nutrition, medical asepsis, legal and ethical responsibilities, safe and efficient work practices, and medical terminology.

*In order to successfully pass this course, students must achieve a grade of "C" or better, along with meeting the academic standards of the college.*

*Prerequisite: Minimum high school GPA of 3.0 or appropriate assessment scores. Instructor consent required.*

*Prerequisite or Corequisite: Nursing Assistant 101 and Physical Education 153.*