

*Prerequisite: Psychology 101 and Education 201.*

## PSYCHOLOGY (PSYC)

### 101 General Psychology

**3 credit hours**

Offered fall and spring semesters and summer session. Three hours lecture and discussion a week.

A foundation course in psychology. Review of the nature and purpose of psychology, the dynamics of adjustment, sensory development, psychometry, and the application of psychological knowledge to practical problems.

### 110 Introduction to Peace and Conflict Studies

**3 credit hours**

Offered fall semester. Three hours lecture and discussion a week.

This interdisciplinary course will provide an introduction and a foundation to the study of Peace and Conflict. Participants of this course will analyze the cultural, ethnic, historical, and religious roots of conflict and examine the types of war, types of violence-including economic and environmental violence, environmental instability, social injustice, gender inequity, positive and negative peace, and how to build a sustainable peace. Participants will understand and practice the principles of conflict resolution and will be required to perform a community service-learning project.

### 199 Thanatos - A Humanities Approach to Death and Dying (Philosophy 199)

**3 credit hours**

Offered fall and spring semesters. Three hours lecture and discussion a week.

This course is intended to provide a historical and contemporary examination of the biological, psychological, cultural, philosophical, and sociological perspectives of death, the process of dying, grief, and coping after loss. Topics include death in the lives of children and adults, cultural values and ethical issues, as well as an examination of death systems through works of literature, art, music, and media in contemporary societies.

### 202 Psychology of Human Adjustment

**3 credit hours**

Three hours lecture and discussion a week.

A review of the dynamics of personal and social behavior, with emphasis on factors that favor prevention and resolution of behavior difficulties. Attention will be given to the problems and adjustment patterns of the normal personality in contemporary American society.

*Prerequisite: Psychology 101.*

### 203 Human Growth and Development (Education 203)

**3 credit hours**

Offered fall and spring semesters. Three hours lecture and discussion a week.

The processes affecting and effecting human development, with implications for educational practices used by and in the family, school, and community. Attention given to measurements and evaluative techniques for assessing total growth. The case method will be used, with direct and recorded observation being required.

*Prerequisite: Psychology 101 or consent of instructor.*

### 204 Psychology of Learning and Teaching (Education 204)

**3 credit hours**

Offered fall and spring semesters. Three hours lecture and discussion a week.

A study of human development and its relationship to the theories and principles of learning and teaching. Topics investigated will include self-development, group functioning, individual learning alternatives, and teacher evaluative techniques as they affect learning.

Students will need to complete the fingerprint and background clearance process and be issued the appropriate identification prior to being scheduled for a field experience or school-site assignment.

### 205 Introduction to Abnormal Psychology

**3 credit hours**

Offered fall and spring semesters. Three hours lecture and discussion a week.

This course provides an introduction to and an understanding of behavior disorders and insight into the personality of the disturbed person. Historical perspective of changing attitudes and treatment of psychopathy and techniques of diagnosis, classification, and therapy are studied.

*Prerequisite: Psychology 101.*

### 207 Child Psychology

**3 credit hours**

Offered fall semester. Three hours lecture and discussion a week.

This course studies child development from birth to 11 years. The physical, cognitive, emotional, social, inner processes, and the abnormal aspects of development are covered. The child in relationship to the family, school, and the community is also investigated.

*Prerequisite: Psychology 101.*

### 208 Adolescent Psychology

**3 credit hours**

Three hours lecture and discussion a week.

This course studies adolescent development from 12 to 19 years. Consideration is given to the physical, cognitive, moral, and social development as well as the hazards to adolescents. The family society, schools, and careers as they relate to the adolescent are also studied.

*Prerequisite: Psychology 101.*

### 230 Introduction to Health Psychology (Integrative Health 230)

**3 credit hours**

Three hours lecture and discussion a week

This course provides an introduction to the field of health psychology. Course content includes an overview of scientific principles and current research findings; applications to specific diseases, stress management, and to health promotion; demonstration of the most widely used and effective intervention strategies; and the role of health psychology and mind/body medicine in health care practice. Experiential learning, lecture, and a case-based approach are the primary teaching learning approaches.

*Prerequisite: Psychology 101 or consent of instructor.*

### 286 Drugs and Human Behavior

**3 credit hours**

Offered fall and spring semester and summer session. 100% online.

This course will focus on psychoactive drugs and their use/abuse in social and historical contexts. In addition to surveying the pharmacology of alcohol, tobacco and other drugs, we will study the process of addiction. The physical, sociocultural, cognitive, emotional and spiritual aspects of drug use and abuse will be explored. Prevention education will be briefly surveyed.

*Prerequisite: Psychology 101.*

### 287 Addictions Treatment Delivery

**3 credit hours**

Offered spring semester. Three hours lecture a week.

This course will include the eight-practice dimensions, identified in a collaborative effort, necessary for an addiction counselor (also described as the 12 core functions). Such dimensions include clinical evaluation, treatment planning, referral, service coordination, counseling, education, documentation, and ethical/professional responsibilities. Within each practice dimension, the student will be introduced to the knowledge, skills, and attitudes conducive to appropriate addiction service delivery. This course addresses the practice dimensions necessary for addiction counselors. Within each dimension, the student will be introduced to the knowledge, skills, and attitudes conducive to appropriate addiction service delivery. Required course for Maryland Addictions Counselor certification.

*Recommendation: Psychology 101.*

**288 Treatment Issues and Theory in Addictions      3 credit hours**

Three hours lecture a week.

Application of a variety of treatment approaches which have been demonstrated to be effective. Survey of treatment-related issues including multicultural counseling issues and assessment and diagnosis of addiction and dual disorders. A holistic approach will be employed in so far as the biological, social, cognitive, emotional and spiritual aspects of addiction treatment will be explored. Practical application of research and theory to addiction counseling. Overview of treatment related issues, including assessment and diagnosis. Required course for Maryland Addictions Counselor certification.

*Prerequisite: Psychology 286.*

*Recommendation: Psychology 101.*

**289 Ethics for the Addiction Counselor      3 credit hours**

Offered fall and spring semesters and summer session. Online.

Students are introduced to legal and ethical issues involved in the treatment of alcohol and other drug problems. Issues such as licensing, relationships, confidentiality, and crisis intervention will be addressed. The ethical standards of the National Association of Alcoholism and Drug Abuse Counselors (NAADAC) are reviewed and similarities among addiction and other helping professionals discussed. Required course for Maryland Addictions Counselor certification.

*Recommendation: Psychology 101.*