

STUDENT DEVELOPMENT (SDEV)

103 Habits for Success

1 credit hour

Fifteen hours lecture and discussion a semester.

This course is designed to equip students with the skills and strategies for success in college that also form the foundation for success on the job, such as becoming an active learner and team worker. Coursework includes guided journal writing, group discussion, and application of study techniques to courses in which students are concurrently enrolled. Topics will include taking notes, staying organized, memorizing content, preparing for tests, and taking tests. Open to all students as an elective.

106 Connections: On Course for Success

3 credit hours

Offered fall and spring semesters. Three hours lecture and discussion a week.

To do well in college or on the job, individuals must understand their own strengths, interests, and priorities, and be able to adjust to academic or job demands. This course is designed to help students create greater success in college and in life by using proven strategies to develop a better understanding of themselves and their choices. Coursework includes guided journal writing, small group discussion, and career exploration. Topics will include self-motivation, personal responsibility, study skills, and emotional intelligence. Open to all students as an elective.