
HEALTH/PHYSICAL EDUCATION (AOC)

PROGRAM OVERVIEW

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THIS PROGRAM IS SUSPENDED. NEW STUDENTS WILL NOT BE ADMITTED TO THIS PROGRAM.

This transfer pattern is designed for students planning to transfer to a four-year college or university with a major in health/physical education but are uncertain as to the transfer institution. The courses included in this program closely parallel the first two years of a health/physical education major at many four-year institutions.

This is a transfer program and is designed to enable students to transfer to a four-year college or university. Check with your advisor and the Advising Center staff as soon as possible to ensure specific course transferability.

In order for a student to receive a degree in health and physical education, you must complete a bachelor's degree through a four-year university.

Successful completion of this program qualifies a student to apply for an Associate of Science degree in Arts and Sciences - Area of Concentration in Health/Physical Education.

COURSE REQUIREMENTS

REQUIRED PHYSICAL EDUCATION COURSES

PHED-113	Beginning Weight Training (Co-Ed)
PHED-130	Intermediate Weight Training (Co-Ed)
PHED-145	Personal Wellness
PHED-153	Cardiopulmonary Resuscitation and First Aid
PHED-154	Integrated Health and Physical Education
PHED-203	Intramural and Sports Officiating (Course Currently Suspended)
PHED-204	Introduction to Physical Education (Course Currently Suspended)
PHED-209	Foundations of Training I (Course Currently Suspended)
PHED-210	Foundations of Training II (Course Currently Suspended)
PHED-212	Fundamentals of Health and Physical Education (Course Currently Suspended)

REQUIRED GENERAL COURSES

BIO-101	General Biology I
BIO-114	Fundamentals of Nutrition
BIO-207	Anatomy and Physiology of the Human I
BIO-208	Anatomy and Physiology of the Human II
ENG-101	English Composition I
PSYC-101	General Psychology
SOC-101	Introduction to Sociology
SPCH-101	Speech Communication

REQUIRED ELECTIVE COURSES

Please consult with your advisor or the Advising Center staff for selecting appropriate elective courses for graduation.

English Elective - 3 credits

Humanities Elective - 3 credits

Mathematic Elective - 3 credits

PROGRAM PATH

HEALTH/PHYSICAL EDUCATION

AREA OF CONCENTRATION

PREPARATION FOR TRANSFER

FIRST SEMESTER

	<u>Credit Hours</u>
Biological Science 101 (General Biology I)	4
English 101 (English Composition I)	3
Humanities Elective	3
Mathematics Elective	3
Physical Education 145 (Personal Wellness)	2
Total:	15

SECOND SEMESTER

Biological Science 114 (Fundamentals of Nutrition)	3
English Elective	3
Physical Education 154 (Integrated Health and Physical Education)	3
Psychology 101 (General Psychology)	3
Speech 101 (Speech Communication)	3
Total:	15

THIRD SEMESTER

Biological Science 207 (Anatomy and Physiology of the Human I)	4
Physical Education 113 (Beginning Weight Training (Co-Ed))	1
Physical Education 153 (Cardiopulmonary Resuscitation and First Aid)	2
Physical Education 203 (Intramurals and Sports Officiating)	3
Physical Education 204 (Introduction to Physical Education)	3
Physical Education 209 (Foundations of Training I)	3
Total:	16

FOURTH SEMESTER

Biological Science 208 (Anatomy and Physiology of the Human II)	4
Physical Education 130 (Intermediate Weight Training (Co-Ed))	1
Physical Education 210 (Foundations of Training II)	3
Physical Education 212 (Fundamentals of Health and Physical Education)	3
Sociology 101 (Introduction to Sociology)	3
Total:	14
Total Credit Hours:	60

PROGRAM NOTE: Students interested in teaching Physical Education should take Education 100, 201 and 204 as electives.

NOTE: All courses specifically identified by course number are graduation requirements for this program.